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COURSE LIBRARY

MOBILE

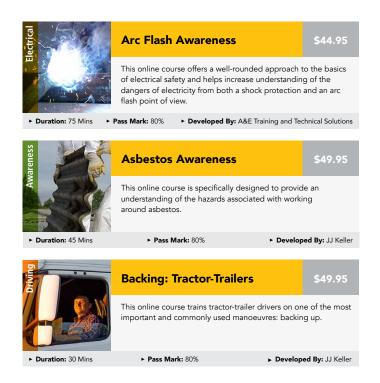
This all-in-one safety solution includes access to a comprehensive library of hundreds of safety training courses, created by subject matter experts and leading safety training providers from across the country.

All courses are available on-demand, are instantly accessible, and most include a certificate of completion upon achievement of the required pass mark.

Available at

SAFETYFIRSTTRAINING.CA







Basic Rigger and Signalman

This online course is an introduction to rigging and covers determination of load weight, sling angles and stresses, centre of gravity, basic hitches, sling types, lifting hardware, below-thehook-devices, verbal communication, and hand signals.

► Pass Mark: 80%

► Developed By: Hard Hat



Behaviour-Based Safety

COMING

This online course describes behaviour-based safety, a proactive systematic approach to safety that is based on understanding workplace behaviour, recognizing at-risk behaviour, and encouraging safer behaviour.

ration: TBA

► Pass Mark: TRA

► Developed By: SET Safety



Canadian Welding Red Seal **Self-Assessment**

\$94.95

This online practice exam can be used to assess your welding knowledge prior to challenging the Red Seal journeyman exam.

► Pass Mark: 75%

► Developed By: CPI Training



Cargo Securement for Dry Vans

\$29.95

This online course explains key concepts and regulations related to the loading and securement of cargo for dry vans.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Cold Stress

This online course teaches how the body reacts to cold conditions, how to recognize and prevent the most common types of cold stress, and how to treat cold stress injuries until medical personnel arrive.

► Duration: 30 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Confined Space Entry

This online course provides important information to individuals required to work within a confined space.

Duration: 2.5 Hours

► Pass Mark: 80%

► Developed By: Safety Coordination Services



Daily Trip Inspection

This online course provides drivers with an understanding of how to properly perform their required inspections, as per National Safety Code compliance, and explains how to address any defects that may be found.

► Duration: 60 Mins

► Pass Mark: 80%

* Prices subject to change





Bear Awareness

This online course covers information that will assist in the identification of different bear species, and teaches how to react appropriately should a bear be encountered in the wild.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: HSE Integrated



Boom Truck Awareness

\$99.95

This online course provides information on the safe operation of powered mobile cranes. The course meets OSHA requirements for powered industrial boom trucks.

► Duration: 90 Mins

▶ Pass Mark: 80%

► Developed By: Hard Hat



Cargo Securement Flatbeds

This online course explains the fundamentals of flatbed cargo loading and securement procedures, as well as driver pre-trip and en route responsibilities.

► Pass Mark: 80%

► Developed By: JJ Keller



Chainsaw Safety Awareness

\$79.95

Chainsaw safety is critically important as chainsaws are often the most dangerous tool on a work site. This online course will increase understanding of the dangers of chainsaws and the steps required to operate them safely.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: HRS Group Inc.



Confined Space Awareness & Rescue

This online course focuses on general safety principles. It teaches recognition of potential confined spaces and safe practices, and also looks at the equipment necessary for safe entry, exit, and operations in confined spaces.

► Duration: 2 Hours

► Pass Mark: 80%

► Developed Bv: Hard Hat



CSA: Know the Basics

This online course provides drivers with an overview of the Federal Motor Carrier Safety Administration (FMCSA) and its Compliance, Safety, Accountability (CSA) program.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed Bv: JJ Keller



Defensive Driving for Light & Medium Duty Vehicles

This online course teaches drivers of Class 1-6 light or medium duty vehicles about defensive driving preparation, hazard perception, and attitude—techniques that will help them stay safe on the road.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: JJ Keller





Distracted Driving

Distracted driving is a high-risk behaviour that can lead to property damage, personal injury, or worse. This online course helps to change distracted driving habits and deal with the distracted driving habits of others.

► Developed By: JJ Keller



Electrical Hazard Identification and Risk Assessment

\$44.95

This online course focuses on aspects of hazard identification and risk assessment as outlined in Canadian Standards Association CSA Z462-12: Workplace Electrical Safety.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: A&E Training and Technical Solutions



Electrical Safety Training Program

This suite of three online courses provides training on arc flash awareness, electrical safety, and electrical hazard identification and risk assessment.

► Duration: 6 Hours

► Pass Mark: 80% ► Developed By: A&E Training and Technical Solutions



Ethics and Code of Conduct

This online course is for managers, supervisors, and employees. It defines and demonstrates ethical conduct, points out the benefits of doing the right thing, and provides practical steps for making ethical choices in the workplace.

▶ Duration: 60 Mins

► Pass Mark: 80%

► Developed By: Workplace Training Network



Fall Protection

This online course provides valuable information on how to minimize fall hazards and prevent serious injury.

► Duration: 3 Hours

► Pass Mark: 80%

► Developed By: Alberta BC Safety



Fall Protection Awareness Online

This online course provides employers and employees with a basic understanding of workplace fall hazards, as well as control measures that can mitigate or eliminate those hazards.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Alberta BC Safety



Fire Extinguisher Use

\$49.95

This online course explains why things burn, describes common types of fire extinguishers, and discusses how to use fire extinguishers to fight small fires.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: JJ Keller

* Prices subject to change



Driver Vehicle Inspections: The Complete Process

This online course is designed to help properly prepare drivers for conducting pre-trip, on-the-road, and post-trip inspections on standard CMVs, special rigs, and intermodal chassis.

► Duration: 60 Mins

► Developed By: JJ Keller



Electrical Safety Training

This online course provides a well-rounded approach to the basics of electrical safety and helps increase understanding of the dangers of electricity, from both a shock protection and arc flash protection point of view.

► Duration: 3 Hours

► Pass Mark: 80%

► Developed By: A&E Training and Technical Solutions



Emergency Maneuvers: Driver Training Series

This online course helps drivers understand the techniques that will help them avoid an accident or incident while operating a CMV. It covers how to recognize danger, react appropriately, and recover after performing an emergency maneuver.

▶ Duration: 45 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Excavator Operation and Safety

This online course introduces excavator equipment, including their anatomy, maintenance, hazards, safe operation, and more. This course satisfies OHS's requirements for the classroom portion of operator safety training.

► Pass Mark: 80%

► Developed By: Hard Hat



Fall Protection (Alberta Edition)

This online course provides you with the knowledge to help minimize fall hazards and protect yourself and others from serious injury

► Duration: 2.5 Hours

► Pass Mark: 80%

► Developed By: Alberta BC Safety



Fall Protection Training

This online course is designed for people who plan, supervise, or perform work at heights. It covers many aspects of fall protection, including planning, equipment, safety measures, and controls.

► Duration: 3 Hours

Pass Mark: 80%

► Developed By: AAE Safety Instructor Training



Fire Prevention and Response

\$59.95

Great for both first-time and refresher training, this online course covers the basics that everyone should know about fire safety and prevention.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: JJ Keller





Firefighting & Fire Extinguisher Safety

\$79.95

This online course provides the basic knowledge and skills required to fight a small fire. Topics include the different types of fires, fire extinguishers, and extinguishing agents; fire extinguisher operation; and firefighting procedures.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Astec Safety Inc.



Forklift Training (Counterbalanced)

\$99.95

This online course aims to reduce the risks related to sitdown, vertical mast forklifts by teaching how to become a safe lift truck operator.

▶ Duration: 2 Hours

► Pass Mark: 80%

► Developed By: Leavitt Machinery



Front End Loader Operation and Safety

\$99.95

This online course is an introduction to front end loader equipment anatomy, maintenance and inspections, safe operation, attachments, and more. This course satisfies the classroom portion of Canada's operator safety training requirements.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Hard Hat



Ground Disturbance Awareness

\$49.95

This online course is intended for employees who will need to understand and implement any kind of ground disturbance.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Astec Safety Inc.



Hand & Power Tools for Construction

\$49.95

This online course explains the importance of hand and power tool safety in construction workplaces.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Hazcom: What You Need to Know (GHS Provisions)

\$59.95

This online course is for employees who could be exposed to hazardous chemicals. It complies with the initial and refresher training requirements of the Hazard Communication Standard and applicable GHS requirements.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Hazmat: Highway Transportation Driver Training

\$59.95

This online course teaches drivers how to transport hazardous materials safely. Note: learners should have already taken Hazmat: General Awareness and Hazmat: Security Awareness & Safety, or have equivalent experience or training.

► Duration: 30 Mins

► Pass Mark: 80%

► Developed By: JJ Keller

* Prices subject to change



Forklift Operator Safety

\$79.95

This online course covers several topics regarding the safe operation of forklifts, including pre-operation inspections, load handling, and maintenance.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Four-Wheel Drive Fundamentals

\$49.95

This online course provides the basic information required for safe operation of commercial four-wheel drive and all-wheel drive vehicles.

► Duration: 30 Min

► Pass Mark: 80%

► Developed By: Thinking Driver



Ground Disturbance 201 (Proctored)

\$114.95

This virtually proctored online ABCGA-endorsed course is for planners, managers, supervisors, or employees who are required to develop, plan, and implement any kind of ground disturbance.

Duration: 6 Hours

► Pass Mark: 80%

► Developed By: Astec Safety Inc.



H₂S

\$99.95

Intended for individuals at risk of exposure to hydrogen sulphide in the workplace, this online course provides information to help protect people from exposure, and explains how to deal with H₂S-related emergencies.

► Duration: 2 Hours

► Pass Mark: 80%

► Developed By: AAE Safety Instructor Training



Harassment Prevention

\$39.9

This online course defines and demonstrates various types of harassment and bullying, and explains the responsibilities of supervisors, including those outlined in Ontario Bill 168 and BC Bill 14.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: Workplace Training Network



Hazmat: General Awareness

\$49.95

This online course will familiarize learners with the Hazardous Materials Regulations (HMR) to help them work safely around hazardous materials. This course satisfies the General Awareness training requirement 49 CFR §172.704(a)(1).

► Duration: 30 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Hazmat: Loading/Unloading & Load Segregation

\$59.95

This online course teaches proper hazmat loading, unloading, and load segregation. Note: learners should have taken Hazmat: General Awareness and Hazmat: Security Awareness & Safety, or have equivalent experience or training.

➤ Duration: 15 Mins

► Pass Mark: 80%

► Developed By: JJ Keller





Hazmat: Marking

\$59.95

This online course explains and identifies hazmat markings. Note: learners should have already taken Hazmat: General Awareness and Hazmat: Security Awareness & Safety, or have equivalent experience or training.

► Duration: 20 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Hazmat: Reporting an Incident

\$59.95

This online course explains hazmat reporting procedures. Note: learners should have already taken Hazmat: General Awareness and Hazmat: Security Awareness & Safety, or have equivalent experience or training.

► Duration: 15 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Heat Stress

\$49.9

This online course explains how heat affects the body, details the steps employees can take to prevent heat stress, and teaches elementary first aid that can be given to workers affected by heat-related illness.

► Duration: 30 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Hours of Service: A Driver's Guide (USA)

\$49.95

This online course helps drivers understand US Hours of Service regulations and recordkeeping requirements.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Hydraulic Safety: Exposure Level

\$99.95

Designed for individuals who work on or near hydraulic equipment, this online course provides an awareness of hydraulic hazards in the workplace.

► Duration: 4.5 Hours ► Pass Mark: N/A ► Developed By: International Hydraulic Safety Authority



Injury Prevention for Drivers

\$49.95

This online course provides drivers with information about common activities that put them at risk of injury, and teaches strategies for preventing injury while on and off the road.

► Duration: 45 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Joint Health and Safety Committees Awareness

\$39.95

This online course is designed to teach workers, supervisors, and management about the benefits, authority, responsibilities, members, and functions of Joint Health and Safety Committees. This course covers Alberta-specific legislation.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: AMHSA

* Prices subject to change



Hazmat: Packaging

559.95

This online course explains how to select appropriate hazmat packaging. Note: learners should have already taken Hazmat: General Awareness and Hazmat: Security Awareness & Safety, or have equivalent experience or training.

► Duration: 15 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Hazmat: The Hazardous Materials Table

\$59.95

This online course explains the hazmat table and its importance. Note: learners should have already taken Hazmat: General Awareness and Hazmat: Security Awareness & Safety, or have equivalent experience or training.

► Duration: 20 Mins

► Pass Mark: 809

► Developed By: JJ Keller



Hours of Service

\$99.95

This online course is designed to provide an overview of Canada's Federal Hours of Service regulations and enable an understanding of the legislation.

► Duration: 3 Hours

► Pass Mark: 80%

► Developed By: Wheels On / Astec Safety Inc.



Hours of Service: Driver Training (USA)

\$59.9

This online course is an overview of the FMCSA's hours of service (HOS) rules that drivers must comply with, including a detailed look at how to comply with the HOS regulations and how to maintain an accurate record of duty status.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Industrial Safety Orientation

\$65.95

This online Industrial Safety Training System (ISTS) orientation course meets BC, Alberta, and Saskatchewan legislative requirements, and introduces workers to the basic principles of hazard recognition, evaluation, and control.

► Duration: 4.5 Hours

► Pass Mark: 80%

► Developed By: IMPACT Orientations Inc.



Joint Health and Safety Committees (JHSC)

\$79.95

This online course introduces the fundamentals of Joint Health and Safety Committees and describes their role in keeping workplaces safe.

► Duration: 45 Mins

► Pass Mark: 80%

► Developed By: Leavitt Machinery



Lattice Boom/Crawler Crane

\$99.95

This online course provides an introduction to lattice boom crane anatomy, maintenance and inspections, hazards, rigging, hand signals, safe operation, and more. This course satisfies OHS's requirements for the classroom portion of operator safety training.

➤ Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Hard Hat





Loader Backhoe Operation and

This online course introduces loader backhoe anatomy, maintenance, hazards, safe operation, basic trenching, and more. This course satisfies OHS's requirements for the classroom portion of operator safety training.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: Hard Hat



Lockout/Tagout: Put a Lock on **Hazardous Energy**

This online course is designed to raise awareness about the importance of lockout/tagout and teach when and how to follow the procedures every time they're needed.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



OH&S and the Law for Supervisors

This online course offers a comprehensive understanding of the Occupational Health & Safety Act and other key pieces of health and safety legislation for those in supervisory positions.

► Duration: 2 Hours

► Pass Mark: 80%

► Developed By: HRS Group Inc.



Overhead Crane Awareness

\$99.95

This online course describes various types of cranes and lifting devices, explains how to inspect and safely operate them, and provides information on recognizing the common hazards that are encountered when using them.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Hard Hat



Provincial Hours of Service (Alberta)

This online course explains the hours of service limits set out by Alberta Regulation 317/2002 and how they apply to provincially regulated carriers and drivers

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: Wheels On / Astec Safety Inc.



Roadside Inspections: A **Driver's Guide, Second Edition**

This online course prepares commercial motor vehicle drivers for roadside inspections and helps them understand the consequences of a failed inspection.

Duration: 60 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Sit-down Forklifts

This online course covers important aspects of sit-down forklifts, including their components, maintenance, inspection, and safe operation.

▶ Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Hard Hat

* Prices subject to change



Lockout Tagout in the Workplace

This online course covers the steps to correctly lock and tag out equipment, devices used for lockout tagout, and elimination of potentially fatal hazards through implementation of proper lockout tagout procedures.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: HRS Group Inc.



Material Handling, Storage, Use & Disposal for Construction

This online course is designed to provide an introduction to handling materials on the job site, including moving, storing, and disposing of materials. It covers the regulations in 29 CFR 1926, Subpart H.

► Pass Mark: 80%

► Developed By: JJ Keller



Orientation: Train the Trainer

This online course is designed to teach supervisors and management about their responsibilities when conducting orientations, how to create a template or trainer's guide, and how to effectively prepare for orientation sessions.

► Pass Mark: 80%

► Developed By: AMHSA



Propane Handling & Exchange

This online course teaches the basics of safe handling and exchange of propane cylinders, as well as proper inspection and emergency response techniques.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: HRS Group Inc.



Pulling Doubles

This online course gives drivers an overview of the standard double trailer, explains the general rules for pulling them, and covers topics such as coupling and uncoupling, defensive driving techniques, and parking and backing a double.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed Bv: .l.J Keller



Scaffolding

This online course explores scaffolding equipment anatomy, hazards, safe operation, erection, and dismantling, and more. This course satisfies OHS's requirements for the classroom portion of operator safety training.

▶ Duration: 45 Mins

► Pass Mark: 80%

► Developed By: Hard Hat



Skid Steer Loader Operation and Safety

This online course provides an introduction to skid steer loader equipment, maintenance, hazards, safe operation, basic trenching, and more. It satisfies OHS's requirements for operator safety classroom training.

▶ Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Hard Hat





Slips and Trips: Workplace

\$59.9

This online course teaches learners about the causes and costs of slips and trips. It also addresses workplace design and how to correct hazards.

► Duration: 30 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Stand-Up Forklifts

\$99.95

This online course covers the anatomy, safe operation, proper inspection, and common hazards of stand-up forklifts.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Hard Hat



The Respectful Workplace

\$49.95

This online course describes the characteristics of a respectful workplace, demonstrates various types of harassment, and gives a comprehensive overview of relevant legislation in Ontario Bill 168, BC Bill 14, and the Canadian Human Rights Act.

➤ Duration: 60 Mins ➤ Pas

► Developed By: Workplace Training Network



Transportation of Dangerous Goods (TDG)

\$34.9

This online course is designed to teach individuals about the regulations governing the transportation of dangerous goods within Canada.

➤ Duration: 3.5 Hours

► Pass Mark: 80%

► Developed By: Wheels On



Vehicle Mounted Aerial Lifts (Bucket Trucks)

\$99.95

This online course covers important aspects of vehicle mounted aerial lifts, including inspections, hazards, safe operation, rigging, and components.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Hard Hat



Wilderness & Bear Awareness

\$69.95

This online course provides essential information for people working or enjoying recreational activities in wilderness environments, including how to respond to encounters with many types of wildlife.

➤ **Duration:** 2.5 Hours

► Pass Mark: 80%

► **Developed By:** Safety Health Publishing Inc.



Workplace Harassment and Violence Prevention

\$74.95

This online course package covers key elements relating to sexual and workplace harassment, including supervisor responsibilities, employee complaint procedures, and the steps needed to prevent many workplace violence incidents.

► Duration: 90 Mins ► Pass Mark: 80%

► Developed By: Workplace Training Network

* Prices subject to change



Speed & Space Management

\$49.95

This online course helps drivers understand how their speed and space management can impact their ability to react to hazards and stop when needed.

► Duration: 30 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Telescopic Handlers

599.95

This online course covers important aspects of telescopic handlers, including their components, proper inspection, common hazards, and safe operation.

► Duration: 90 Mins

► Pass Mark: 80%

► Developed By: Hard Hat



Traffic Control Persons for Construction

\$59.95

This online course covers the techniques, equipment, and legal requirements for traffic control persons in a construction environment.

► Duration: 45 Mins

► Pass Mark: 80%

► Developed By: HRS Group Inc.



Trench Safety

\$99.95

This online course provides an introduction to trenching, including soil classification, protective systems, atmosphere, hazards, and more. This course satisfies OHS's requirements for operator safety classroom training.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: Hard Hat



WHMIS 2015

\$29.9

This online course aims to prevent workplace injuries, diseases, and deaths resulting from hazardous products. This course implements the Globally Harmonized System of Classification and Labelling of Chemicals (GHS) standard.

► Duration: 2 Hours

► Pass Mark: 70%

► Developed By: CLAC / Global Hazmat Inc.



Workplace Bullying & Violence: Training for Supervisors

\$59.95

This online course examines a number of issues around workplace bullying and violence, including the difference between disagreements and bullying/violence, recognizing warning signs, and actions supervisors can take to prepare for violent incidents.

► Duration: 60 Mins

► Pass Mark: 80%

► Developed By: JJ Keller



Workplace Violence Prevention

\$39.95

Many violent incidents can be prevented if a workforce is knowledgeable, watchful, and committed to creating a safe workplace community. This online course provides information needed to build a safe community within an organization.

► Duration: 45 Mins

► Pass Mark: 80%

► **Developed By:** Workplace Training Network



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